

# *Foothill High School*

**Welcome Class of 2030**



**Freshman  
Registration**

# Counselors

Last Name  
Alphabet



*A-Ca*

Angie Totaro

*Cb-G*

Cameron Goetz

*H-Mar*

Corey Rossman



*Mas-Sa*

David Ford

*Sb-Z*

Rachel Ellis

# Counseling Services

**Course Selection &  
Graduation  
Requirements**

**Career Planning**

**College Info.**

**Class Lessons**

**Personal Concerns**

# Requirements & Schedule

Grad Requirements		a-g California University Requirements	Passing Classes
• English	40cr	• Soc. Sci	20cr
• Soc. Sci.	40cr	• English	40cr
• Math	30cr	• Mathematics	30cr
• Science	30cr	• Lab Science	20cr
• PE	20cr	• Foreign Language	20cr
• Practical Art	10cr	• VAPA	10cr
• VAPA	10cr	• CP Elective	10cr
• Elective	50cr		

To Graduate: you must pass all classes with a D or better!

To be A-G: All courses must be CP level, completed with C or higher

All courses must be CP level, completed with C or higher

# Tools for Success



**AFTER SCHOOL TUTORING**

**PEER TUTORING**

**TEACHER**

**ACCESS STUDY HALL**

**ADVISORY/FLEX**

**SELF-ADVOCACY**

**AERIES**

**COUNSELOR**



# Typical Schedule

## **Optional 0 Period - Elective**

**Period 1 - English**

**Period 2 - PE**

---

### **BRUNCH**

**Period 3 - Math**

**Period 4 - Flex Time (Support)**

**Period 5 - Social Science**

---

### **LUNCH**

**Period 6 - Elective**

**Period 7 - Science**

8:30 to 3:20

- Classes can be in any order

# Semester System

## Fall Semester

- |             |           |
|-------------|-----------|
| 1. English  | 5 credits |
| 2. Soc. Sci | 5 credits |
| 3. Math     | 5 credits |
| 4. Science  | 5 credits |
| 5. PE       | 5 credits |
| 6. Elective | 5 credits |

-----  
Total

30 credits

## Spring Semester

- |             |           |
|-------------|-----------|
| 1. English  | 5 credits |
| 2. Soc. Sci | 5 credits |
| 3. Math     | 5 credits |
| 4. Science  | 5 credits |
| 5. PE       | 5 credits |
| 6. Elective | 5 credits |

-----  
Total

30 credits

**Total credits earned for the school year = 60 credits**  
**You MUST pass every class with a D or better.**

# Get

# Involved

*“Students who are involved in some form of extracurricular activity perform better in school”*

---

- **School Clubs**
  - **Athletics**
  - **Volunteer Work**
  - **Attend School Dances and Athletic Events**
  - **FFA**
- 

- **Listen to Daily Announcements**
- **Club Rush Day**

# Sports by Season

## Fall

- Cross Country
- Football
- Girls golf
- Swimming
- Girls Tennis
- Volleyball
- Cheerleading

## Winter

- Basketball
- Ski/Snowboard
- Wrestling
- Soccer
- Cheerleading

## Spring

- Baseball
- Boys Golf
- Boys Tennis
- Softball
- Track & Field
- Cheerleading

2 Sports, 1 year = 5 PE cr  
3 Sports, 1 year = 10 PE cr  
8th Grade 2.0 GPA Eligibility

## Regular

*\*Math and Science Only.*  
Meets high school graduation requirements.

## CP-College Prep

Prepares you for post-secondary education including meeting university requirements.

## Honors

Rigorous courses. Faster-paced for self-starters. Prep for colleges and universities.

## AP-Advanced Placement

Rigorous courses. Faster-paced for self-starters. Prep for University. Weighted grade. Optional test in May to receive college credit. Prepares you for colleges and universities.

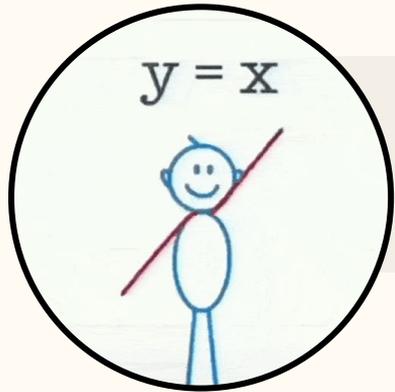
Difficulty

←  
Less

→  
More

*Course Levels*

# Math & Placement Test



Math Essentials  
0-24

CP Math 1  
25-32

Honors Math 1  
33-40



Name	Grade	Math Grade	Physical Education	Other
DOB	Parent/Guardian Print Name	Parent/Guardian Phone #		
<p>Parent/Guardian Consent</p> <p>I, the undersigned, understand the nature of the course. I am providing my consent for my child to take the course and to use the course materials. I understand that the course is not a substitute for the course and that the course is not a substitute for the course. I understand that the course is not a substitute for the course and that the course is not a substitute for the course.</p>				
<input type="checkbox"/> Substituted <input type="checkbox"/> CP Computer Prep <input type="checkbox"/> AP Computer Science <input type="checkbox"/> AP Computer Science Principles <input type="checkbox"/> AP Computer Science 1 <input type="checkbox"/> AP Computer Science 2	<input type="checkbox"/> AP Computer Science <input type="checkbox"/> AP Computer Science Principles <input type="checkbox"/> AP Computer Science 1 <input type="checkbox"/> AP Computer Science 2	<input type="checkbox"/> AP Computer Science <input type="checkbox"/> AP Computer Science Principles <input type="checkbox"/> AP Computer Science 1 <input type="checkbox"/> AP Computer Science 2	<input type="checkbox"/> AP Computer Science <input type="checkbox"/> AP Computer Science Principles <input type="checkbox"/> AP Computer Science 1 <input type="checkbox"/> AP Computer Science 2	<input type="checkbox"/> AP Computer Science <input type="checkbox"/> AP Computer Science Principles <input type="checkbox"/> AP Computer Science 1 <input type="checkbox"/> AP Computer Science 2

**You Choose!**

6 Period Day = 1 Elective  
 7 Period Day (0 period) = 2 Electives

Choose 3 back-ups

## Electives

- Access Study Hall
- Spanish 1
- Wintu 1
- Student Government

## Practical Vocational Art

- AG Welding 1
- AP Computer Science
- CP Computer Science Principles
- Computer Aided Drafting
- Computer Literacy
- Exploring Engineering
  - Honors Math 1
- PC Graphics & Design
- Yearbook

## Visual & Performing Art

- Drama 1
- Art 1
- Band 1
- Choir
- Guitar
- Jazz \*
- Percussion
- Piano
- String Orchestra

*Complete the Student  
Gov't Interest Form  
on Foothill Future  
Cougars Website*

Name: CONGAR, Future Grade: 9 Middle School: YOUR CURRENT SCHOOL 0 Period (Request: )  Yes  No  
 Last, First  
 DOB: 03/11/2012 Parent/Guardian Print Name: Cheryl CONGAR Parent/Guardian Phone #: (865) 409-1021  
 Parent/Guardian Email: ccongar@gmail.com Parent/Guardian Signature: [Signature]

1. A typical freshman student takes a minimum of 6 classes. (If you would like to take a 7th class you can take a 0 period which begins at 7:33 am. No transportation). **0 period is a random lottery system with limited space. A 0 period request does not guarantee placement in a 0 period class.**
2. **May 29th** is the deadline to make any course request changes for next school year. Email your counselor if a change is desired.

* Audition/Pre-req.	CP = College Prep	AP = Advanced Placement	+ = Weighted Course (Grade Bump)
---------------------	-------------------	-------------------------	----------------------------------

**Core Classes** -- Please select one class from each of the five subject areas listed below.

English	Initial _____	<input type="radio"/> <a href="#">CP English 1</a> (1020)	<input checked="" type="radio"/> <a href="#">Honors English 1</a> (1030)	
Social Science	Initial _____	<input checked="" type="radio"/> <a href="#">CP Human Geography</a> (1532)	<input type="radio"/> <a href="#">AP Human Geography</a> + (1528)	
Math <u>23/40</u>	Initial _____	<input checked="" type="radio"/> <a href="#">Math Essentials</a> (2083) <small>0-24</small>	<input type="radio"/> <a href="#">CP Math 1</a> (2085) <small>25-32</small>	<input type="radio"/> <a href="#">Honors Math 1</a> (2090) <small>33-40</small>
Science	Initial _____	<input type="radio"/> <a href="#">Physical Earth Science</a> (3065)	<input checked="" type="radio"/> <a href="#">CP Earth &amp; Space Science</a> (3068) <input type="radio"/> <a href="#">CP AG Natural Resources</a> (3067)	<input type="radio"/> <a href="#">Hon. Earth &amp; Space Sci</a> (3069)
Physical Education		<input checked="" type="radio"/> <a href="#">PE 1</a> (2500)		

**Electives** -- Please select **ONLY ONE** class listed below (unless you are planning to take a zero period with 7 classes, then you select TWO). All course offerings are subject to enrollment numbers.

<input type="radio"/> <a href="#">Access Study Hall/Reading</a> (8046)	<input checked="" type="radio"/> <a href="#">AG Welding 1</a> (6510)	<input type="radio"/> <a href="#">AP Computer Science</a> * + (4547) <i>Honors Student</i>	<input type="radio"/> <a href="#">Art 1</a> (6000CT)
		<input type="radio"/> CP Computer Sci. Principles (4546)	
<input type="radio"/> <a href="#">Band 1</a> (7000CT)	<input type="radio"/> <a href="#">Choir</a> (7060CT)	<input type="radio"/> <a href="#">Computer Aid, Drafting</a> (5030)	<input type="radio"/> <a href="#">Computer Literacy</a> (4647)
<input type="radio"/> <a href="#">Drama 1</a> (1200CT)	<input type="radio"/> <a href="#">Exploring Engineering</a> * (4687) <i>Honors Student</i>	<input type="radio"/> <a href="#">Guitar</a> (7015CT)	<input type="radio"/> <a href="#">Jazz</a> * (7020CT) <i>Co-enrolled with band.</i>
<input type="radio"/> <a href="#">PC Graphics &amp; Design</a> (4650)	<input type="radio"/> <a href="#">Percussion 1</a> (7041CT)	<input type="radio"/> <a href="#">Piano</a> (7045CT)	<input type="radio"/> <a href="#">Spanish 1</a> (4090)
<input type="radio"/> <a href="#">Orchestra</a> (7030CT)	<input type="radio"/> <a href="#">Student Government</a> (8020)	<input type="radio"/> <a href="#">Wintu 1</a> (4200)	<input type="radio"/> <a href="#">Yearbook</a> (1250)

**Alternate Electives** -- Must list 3 additional courses by preference in case you do not receive your first elective choice.

2. <u>COMPUTER LITERACY</u>	3. <u>DRAMA 1</u>	4. <u>YEARBOOK</u>
-----------------------------	-------------------	--------------------



THANK  
YOU!